

CHART OF CHAKRAS



Energy Center	1 - Muladhara	2 - Swadisthana	3 - Manipura	4 - Anahata	5 - Vishuddhi	6 - Ajna	7 - Sahasrara
Product	Pranalife 1	Pranalife 2	Pranalife 3	Pranalife 4	Pranalife 5	Pranalife 6	Pranalife 7
Action	Ancestral Energy Stimulant	Favors the adaptation to the processes of hormonal change	Promotes emotional harmony	Promotes physical and mental self-recognition	Stimulates creativity and communication	Favors the development of intuition	Promotes the integration of the higher mind and the determination over our goals
Location	Base of the spine	Sacral Centre	Solar plexus	Cardiac plexus	Laryngeal plexus	Hypothalamus-pituitary plexus	Coronal
# of petals	Four	Six	Ten	Twelve	Sixteen	Ninety-six. It means a great evolutionary leap forward	Nine hundred seventy two
Kingdom	Mineral	Vegetable	Animal	Human	Human: Higher mind and spiritual intelligence	Spiritual love (Budhi)	Atmic. Spiritual will
Conscience	Reactive	Sensitive	Instinctive	Reflective. Self-consciousness. Group consciousness. Self-recognition as a substrate for the recognition of others	Creative	Intuitive and visionary	Consciousness of the unity
Element	Earth	Water	Fire	Air	Air. The sound	Transcends the five elements and includes them all in the substance of light or spiritual love	All the elements, unified in the sixth center, are integrated in the electric fire which is the plan of life
Colour	Red	Orange	Yellow	Emerald green	Sky blue	Indigo blue	Violet
Gem	Ruby	Coral	Yellow sapphire	Emerald	Blue sapphire	Diamond	Amethyst
Note	C	D	E	F	G	A	B
Endocrine gland	Adrenal	Gonads, testicles & ovaries	Pancreas	Thymus	Thyroid gland	Pituitary	Epyphyses
System	Skeletal and urinary	Reproductive	Digestive and metabolic	Cardiovascular and immune system	Respiratory system and reptilian brain or brain stem	Endocrine	Regulator of the biorhythms Epiphyses
Organ	Kidneys, bladder, ureters, urethra	Reproductive organs. External and internal genitals	Liver, Gallbladder, stomach, pancreas, small and large intestines	Heart and blood vessels	Lungs and reptilian brain. Ear as sense organ	Hypothalamus, governor of the limbic system. Sense organ. The sixth sense integration	Human brain neocortex
Function	Revitalising	Reproduction and unification on a physical level	Digestive. Harmony and emotional control	Tissue perfusion. Irrigation. Mental and immune self-recognition	Respiratory. Language. Artistic creativity. Basal metabolic rate	Intuition. Inspiration. Understanding. Enlightenment. Vision of synthesis	Anchoring of purposes or life plans. The sense
Archetypes	The innocent and the orphan, territory of security	The searcher and the lover	The warrior	The benefactor	The creator	The wise one	The magical. Inner governor
Emotion	Fear	Passion	Wrath	Joy	Sadness, which leads to internalization	Ardent heart. Devotion of the soul. Spiritual love	Willingness to do good. Firmness. Dedication to the life plan. The superior sacrifice

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Lesson	Confidence. Prudence. Learning. Security.	The search of the opposite. Learning. Acknowledgement of the complementarity. The union on a physical level	Balance, justice and balanced devotion. The search of one's true self. Learning of the self-assertion	Help as the way to be happy. Looking for the happiness for all the beings	The art of communication. Discovery of the true identity. Discovering the vocation.	Search of unity. The integration of the opposites: soul and personality. Left and right. Spirit and matter	Internal and external unit. The project of life
Learning	Belonging. Taking roots. Concretion. Anchorage. Firmness	Dosage of the libido strength, rhythm, continence, adaptability, acknowledgement of the opposite as complementary	Self assertion	Unconditional love	Serenity. Giving the original note	Useful knowledge and the meaning behind appearances. The global emotional control. Spiritual reading or reading of symbols. Emotional reading. The concentration	The governance of life. Serenity
Disorders	Renal failure or excess	Sterility. Deficit or excess of libido	Attachment and aversion. Digestive disorders	Cardiovascular and immune diseases. Lack of self recognition. Depression	Hypo and hyperthyroidism. Respiratory diseases. Hearing problems. Lack of originality and authenticity	Endocrine disbalances of a central origin. Unbalance in the hypothalamuspituitary axis	Alterations in willingness. Authoritarianism. Inability to plan. Lack of purpose
Qualities	The force of life. The will to live. Rooting, solidity, support. Ancestral energy. Survival. Ability to respond: fight or flight as survival strategy	Libido. Sexuality, adaptability, fertility. Complementarity of the opposites. Materialization, fulfillment in the dense plane. It enables the recognition of the polarities which complement one another, adaptability, tolerance, the ability to embody or materialize our desired programs and our objectives. The rhythm, the dosage and the continence in an emotional level. The channeling of primitive libido impulse into a creative channel	Desire, attachment, territorial possession. Maternal instinct. Survival instinct of the group, strength of the herd. Territorial self-affirmation	Good will. The energy of giving. The will to help. Love with discernment. Unconditional love. Compassion.	Vocation. Communication. Listening. The correct word. Feelings expression. Authenticity. Creativity. Originality. Artistic skills. Active intelligence which controls the vegetative life of the brain stem	Intuition. Inspiration. Overview. Attention. Concentration	Synthesis, meaning of life, tenacity of purpose. Unity. Spiritual will. Willingness to do what is good. Transcendence
Downsides	Terror. Panic. Recklessness - Rootlessness. Loss of contact with one's self. Mistrust. Insecurity. Pusillanimity	Lust. Loss or excess of libido. Impulsiveness. Incontinence	Anger, resentment, bitterness, hatred, dependency	The loss of joy. Not putting the heart into what you think, feel or act	Depression. Lack or loss of vocation	Lack of higher aspiration. Resignation and dependencies / attachments. Lack of integration. Personality disorders. Learning disorders	Lack of will. Loss of meaning
Model disease	Renal failure or hyperplasia. Excessive or deficient adrenal response to the pathogenic stress	Gonadal dysfunction ovarian or testicular. Sterility. Sexual diseases	Acid-peptic disease (gastric or duodenal ulcer)	Myocardial infarction. Vasculitis. The emotional feeling of a "broken heart"	Hypo and hyperthyroidism. Respiratory diseases. Hearing problems	Pituitary insufficiency with direct effects on the glandular spectrum. Pituitary tumors. Learning disorders due to a deficit of the cortical integration of information	Mental disorders